



Russell Vale Public School Newsletter

"Think Act Speak Well"

Proud Partner in the Woonona Learning Community

"Strength through Collaboration"

Week 4 Term 4

26th October, 2015

Principal's Report

On the Wednesday and Thursday of Week 2, Amy Joy from 5/6J qualified to compete at the State Athletics Carnival held at Homebush. Amy achieved amazing results and even beat her own personal best time in the 200m run. Her results are as follows:

200m heat – 1st with a time of 29.02 sec

200m semi-final – 4th with a time of 28.76 (P.B.)

200m FINAL – 7th place with a time of 28.79

Amy also completed in the High Jump. She cleared her first jump at 130cm but was knocked out at the 135cm mark. Not only did Amy perform amazingly well at a state level, she was also an amazing ambassador of RVPS, and it is with much pride that we congratulate her on her outstanding achievement.

A personal high for Amy was getting to meet and speak to one of her idols – Melinda Gainsford Taylor. Well done Amy!

We have a number of exciting experiences coming up in the next few weeks:

Woonona High School Year 5 Taster Day

Students in Year 5 went today to WHS (accompanied by Mrs Body) as part of our Community of Schools (COS) transition plan designed to help prospective students become accustomed to the teachers, students and surroundings of Woonona High School. Our students were split into different class groups (mixed with students from other schools) and were provided with opportunities to participate in a number of sample lessons from various faculties.

University of Wollongong Science Day

We have been selected by the University of Wollongong to participate in a Science Day this Tuesday (27th October). A number of University Students studying Education will be here on Tuesday to run a science expo day with our students. Students will be placed in small groups, and will visit a range of classrooms to experience a diverse range of science activities. Our teachers will be helping to run the activities, and we are looking forward to a fun-filled, educational afternoon.

PSSA Days

This term students in Years 3-6 are having the opportunity to participate in four Gala Days, playing either Dragon Tag or Kanga Cricket. Games will be held from 12:30 – 2pm at Hollymount Park on 23/10 (last Friday), 30/10, 6/10 and 13/10. Parents are more than welcome to come and cheer along.

In2Uni

Students in Year 6 will be travelling to the University of Wollongong on Thursday 6th November (accompanied by Mrs James) to experience at day in the life of a student at university. It is a fun-filled day where students get to participate in a number of activities within a range of faculties and get to become familiar with the Wollongong University Campus. Thank you to all parents who have already filled out and returned their permission notes.

Grandparents Day

KR, KC and Stage 3 students are well underway in preparing for this year's Grandparents' Day item. A big thank you to all parents who have already sent in their costumes which will allow Mrs Rafferty, Mrs Cleall, Mrs Body and Mrs James to start preparing their costumes. Their version of The Lion King looks set to be an amazing production. Grandparents Day will be held this year on Thursday 26th November. Details regarding times will be forwarded in the coming weeks.

Talent Quest

Calling all talented students! This is one of the students' much loved events of the year and auditions will start from next week (Week 5). Auditions will take place over two weeks with finalists being given ample time to practise for the actual Talent Quest which will be held in Week 9. More details of the day and time will be available in the next newsletter.

Selective High School for 2017

If you and your child are thinking about applying for a Government Selective High School for Year 7 in 2017, information and application forms are available at the front office. All applications must be filled out and returned prior to **Monday 16th November**. Alternatively, you can apply online at www.schools.nsw.edu.au/shsplacement

We all hope you and your child/ren have a fabulous coming fortnight at RVPS!

Congratulations!

BRONZE School Award

Week 2: Cameron Lloyd, Mason Barker, Bailey James-Dunn, Phoebe Newman, Tyrone Palaniwat-Larson, Kyra Owens, Colby Barter, Caleb Smith, Kinley Morgan, Charlotte Basham, Samantha Hallowell, Leah Taylor, Skye Steele, Ava Hadfield, Kirsten Owen, Kate Luyten, Leila Maddox, Katie Ross.

Week 3: Molly Squires, Kyas De La Torre, Shayaan Khan, Payton Brown, Kye Smith, Jordan Poole, Jackson Gervaise, Rachael Denham, Eva Maddox, Brooke Love, Mia Reali.

ACADEMIC

Week 2: Nehemiah Mandranis, Sherneal Poole, Nate Gardiner, Ava Morgan, Kyas De La Torre, Phoebe Newman, Bailey James-Dunn, Cameron Lloyd, Bailey Walker, Aaron Mills, Caleb Sharman, Mia Reali, Leila Maddox, Lielah Adamson, Nate Gordon.

Week 3: Kai Johnson, Finn Ainsworth, Daniel Todd, Buckley Patterson, Tylah Funnell, Finn Kiefer, Sofia Parisi, Sylar Atkinson, Ethan Lea, Ava Sorensen, Michael Anderson, Jackson Gervaise, Kye Smith, Joshua Mellows, Charli Whitefield, Tyla Kirby, Alyssa Barkley, Ava Hadfield, Kate Luyten.

CREATIVE ARTS:

Week 2: Amy Regan, Amelia Spence, Madeleine McPherson, Angel Atkinson.

Week 3: Ollie Goode, Liam Dwyer.

PD/H/PE:

Week 2: Molly Squires.

Upcoming Events

October

Thurs 29 Pies delivered.

November

Mon 2 Woonona High School uniform fitting (Yr 6) 8.30 am

Thurs 5 In to Uni – Year 6

Weds 11 P & C Meeting 7 pm

Thurs 26 Grandparents' Assembly

December

Thurs 10 Annual Presentation Assembly

Tues 15 Year 6 Graduation Assembly Year 6 Formal

Notes and Money Due

October

Fri 30 Hip Hop note and money due (Stage 3)

Parents of Year 6 Students who will attend Year 7 at Woonona High School in 2016

Did you know that Woonona High School has its own uniform shop to supply students with the current Year 7 uniform?

We are arranging a morning to do fittings for your children **at Russell Vale Public school hall** on **Monday 2nd of November 8.30 am**, this will give you the opportunity to fit your child in the correct sizes and also the opportunity order and pay (**cheque or cash**) for your uniform so that you are able to simply pick up your order on the year 7 orientation day on Thursday 3rd December 2015.

EFTPOS is available by phoning the Woonona High School Office on 4284 1513

Alternately you can get your child to try on sizes and take an order form home to pay at a later date as you will know what sizes your child will need.

However if this date is inconvenient for you please note that the Uniform Shop at Woonona High School is open every **Thursday morning from 8am till 9.30am** and our friendly volunteers will ensure to fit your child out in the uniform.

Please note that Crystal Bears (Corrimal) are not our supplier therefore we are unable to exchange or refund on items bought from them.

Thank you Renae, Jackie & Trish

Library news

End of year stocktake

It's hard to believe that term 4 is here and library stocktake is just around the corner. In preparation for stocktake, which starts in week 8, all books MUST be returned to the Library by the end of week 6. After this point overdue notices will be sent home with students who still have outstanding loans. If your child does have a book which cannot be located please contact me on 4284 4396 or visit the Library on a Tuesday, Wednesday or Thursday to discuss. It is important that we have all books accounted for.

Scholastic Book Fair

We will be holding our annual Scholastic Book Fair during week 7. Students will be given more information in relation to this event over the next coming weeks.

Book Club

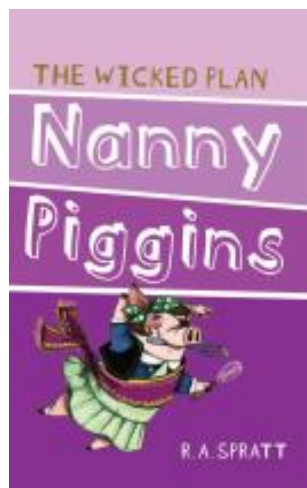
Thank you to all those families that take the opportunity to purchase from the Scholastic Book Club. The Book Club has two functions. It is a great fundraiser for the school as 20% of all sales goes back to our school to purchase new books and resources but more importantly, it is a fabulous way to keep our students excited about reading.

Australian War Memorial – Memorial Box program

To coincide with Remembrance Day we will have a World War I Memorial Box in the Library during weeks 6 and 7. The incursion will stimulate students' interest in and enjoyment of exploring past events. The students will be given the opportunity to engage with a range of artifacts and resources associated with the events of World War I.

Stage 2 and 3 Author visit

R. A Spratt best-selling author and television writer will be visiting our school on Wednesday 18th November. She is known for the *Nanny Piggins* and *Friday Barnes* series of books. Rachel has also written for dozens of different television shows. This visit has been sponsored by Shane Hambling from Woonona Eyecare. I would like to extend thanks to Shane for giving our students the opportunity to participate in this workshop. Visit www.raspratt.com to discover more about R.A Spratt.



Woonona Eyecare
363 Princes Highway
Woonona NSW 2517

02 4284 1344



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Web: : www.russellval-p.schools.nsw.edu.au
Fax 0242 851761

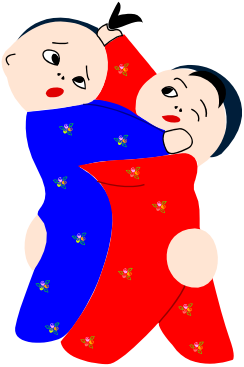

Ph 0242 844396

FRIENDLY KIDS, FRIENDLY CLASSROOMS

Students have been learning about positive tracking. Please take time to read the information below and discuss it with your child.

ASKING AN ADULT FOR SUPPORT

**Stay cool.
When all else fails
You can ask for help.**

Do's	Dont's
<p>Make sure you haven't tried other ways to deal with being given a hard time, <i>before</i> you ask an adult for support.</p> <p>Make sure you really want to stop the annoying behaviour, not just get them into trouble.</p> <p>Say "If you don't stop, I'll go and ask Mr Brown for support".</p> <p>Approach a teacher, look in their eyes and stand tall.</p> <p>In a firm voice, tell them what the problem is and what you have already tried to do to deal with it.</p> 	<p>Don't ask for adult support until after you've tried to deal with it yourself.</p> <p>Don't just try to get the other person into trouble.</p> <p>Don't choose an inconvenient time to talk to the teacher (unless it's an emergency).</p> <p>Don't look up in the air or down at the ground.</p> <p>Don't use a whingeing or complaining tone of voice.</p> <p>Don't keep threatening to ask for support. Just say it once and then do it.</p> 

We thank you for your continued support of our fundraising events to provide resources to benefit all of the students at our school.

Pie Drive

Our Pie Drive has raised a profit of \$590. All pies will be delivered to the school to be handed out to students on Thursday 29th October. If you have placed an order, please assist your child carry them from their classroom in the afternoon.

****** P & C Meeting **** ANNUAL GENERAL MEETING***** 11th November 2015**

Our next **P & C Meeting and our Annual AGM** will be held on **WEDNESDAY 11th November 2015 at 7 pm** in the staffroom. This is an important night for the ongoing work of the P & C.

All Committee positions within the P & C will be declared vacant then re-filled by nomination and election. We are seeking parents and carers to consider being actively involved in the P & C for 2016. We average only 2 Monday or Wednesday night meetings per term. All nominees for positions must be current financial members (ie. you have previously paid the \$5 annual P & C membership fee). A brief General Meeting will follow the AGM after a short break.

A Quorum of at least 10 members is required to hold our AGM so again we would love as many members to come along as possible please.

Full details about the individual Committee Positions within the P & C will be sent in a separate note to all families within the school.

If you have any enquiries regarding the P & C please contact **Kelly Mills, P & C Secretary** Ph 0414 851 914

*Notice of Annual General Meeting
Russell Vale Public School P&C Association
7 pm Wednesday 11th November 2015*

School Teachers staff Room

We are seeking parents and carers to consider being actively involved in our P & C for 2016.

Some positions do not require many hours of dedication over the year; the more people we have involved the less the hours become!

The P & C raises funds - to provide additional resources for our children's education (e.g. computers and tablets).

The P & C runs and operates the school canteen – to provide healthy meals and snacks for our children.

The P & C runs and operates the uniform shop – to provide affordable uniforms for our children.

The P & C manages the Tennis court next to the school – to provide a facility for social and sporting activities for all the Russell Vale residents.

The Committee urges all interested members to consider standing for election to the following Committee Roles which become vacant at the November 11th 2015 AGM.

President Vice President Secretary Treasurer

All Committee positions will be voted on at the AGM. All nominees for positions must be current financial members (ie. you have previously paid the \$5 annual P & C membership fee).

A Quorum of at least 10 members is required to hold our AGM so again we would love as many members to come along as possible please.

The following Sub-Committees and associated roles will also become vacant and will be filled at the meeting; nominations for these is not required:

Canteen, Uniform, Social Media Co-ordinator, Fundraising Committees.

Nomination forms can be obtained from Kelly Mills, or from the school front office. Please contact any current committee member if you have any questions or would like to express an interest in being nominated for a position.

Contact P & C Secretary Kelly Mills 0414 851 914 or email kellymills5@bigpond.com

I trust we will see you at the meeting!

Steve Joy, President
Kelly Mills, Secretary

Natalie Walker, Vice President
Darren Broers, Treasurer

CANTEEN NEWS

Thanks to all the people who have placed their names on the roster in the past week as it has helped immensely. However, we still have a major shortage of volunteers for the remainder of Term 4, and we've had the most closures of any term this year and we are only four weeks in. Please, if you can volunteer put your name down on the roster located on the window outside the uniform shop sooner rather than later or contact Karan Cambridge 0437 868 509 or akcambo@yahoo.com.au

Many thanks.

The Canteen Committee

WK	Mon 26 th Oct	Tues 27 th Oct	Wed 28 th Oct	Thurs 29 th Oct	Fri 30 th Oct
4	CLOSED NO VOLUNTEERS	<u>CLOSED</u>	Charlene Lee Lynette Hando	<u>CLOSED</u>	VOLUNTEERS NEEDED
WK	Mon 2 nd Nov	Tues 3 rd Nov	Wed 4 th Nov	Thurs 5 th Nov	Fri 6 th Nov
5	Jen Smith Karan Cambridge	<u>CLOSED</u>	Margarida Jardim Wayne Regan	<u>CLOSED</u>	Lisa Aubrey Naomi Adams
WK	Mon 9 th Nov	Tues 10 th Nov	Wed 11 th Nov	Thurs 12 th Nov	Fri 13 th Nov
6	Donna McCrystal Val Thurstan	<u>CLOSED</u>	VOLUNTEERS NEEDED	<u>CLOSED</u>	VOLUNTEERS NEEDED

Whooping cough information for schools

There is an outbreak of whooping cough (pertussis) in NSW, mainly affecting school-aged children.

Coughing spreads the infection to others nearby. Whooping cough can spread to anyone at home, including younger brothers and sisters. Whooping cough can be especially dangerous for babies.

Whooping cough starts like a cold and progresses to bouts of coughing that can last for many weeks. The infection can occur even in fully-vaccinated children. Older children may just have a cough that is persistent and may be worse at night.

- Children with these symptoms should see a doctor.
- If your doctor diagnoses whooping cough in your school-aged child, please let the school know and keep your child at home until they have taken 5 days of antibiotics. Keep coughing children away from babies.
- Whooping cough vaccines give good protection against infection but immunity fades with time. Check that all your children are up to date with their vaccines, due at 6 weeks, 4 months, 6 months, 4 years and 12 years of age (offered to all Year 7 students through the NSW school-based vaccination program). A booster is also recommended at 18 months of age.

A booster dose of vaccine is also recommended for adults that are in contact with young children, such as school staff and parents. Pregnant women are recommended to have a booster dose during each pregnancy and this is funded by NSW Health. Those who are new parents or carers of babies should consult their general practitioner about appropriate immunisation.

Your local public health unit can provide advice about whooping cough on 1300 066 055 or visit the NSW Health website for [information for childcare and schools about whooping cough](#).

Community News

Disclaimer: Russell Vale Public School advertises in this column as a service to parents. Russell Vale Public School does not endorse, sponsor or accept responsibility for the management or organisation of the advertised events or services.

PARKVIEW TENNIS COURT

Available for Hire
\$5 per hour or \$15 half day

Phone: Jo 0439 451 998
or Lara 0403 844 484

Court is managed by Russell Vale Public
School P & C

All hire moneys received are used to improve the Court for
the benefit of
Russell Vale Public School and the local community

RUSSELL VALE TENNIS COACHING

By David Macquire

At the adjoining Parkview Tennis Court

Bookings available for hourly lessons (\$10)
conducted before or after school.

Phone David's mobile 0422 576 306 or

Email: davidmacquire@hotmail.com

TWILIGHT HOPE MARKET

Bulli Anglican Church
66 Park Road, Bulli
Saturday 28th November, 2015
4 pm to 7 pm

Fairtrade, homemade, recycled stalls, food, live music,
animal farm, kids' activities, carboot sale.

Stall holders contact Merrilyn
hopemarket@bullianglican.org.au
Proceeds to Anglicare Illwarra



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Fax 0242 851761

Ph 0242 844396



**ALL PLAYERS
WELCOME TO TRIAL
IN THE FOLLOWING
AGE GROUPS:**

BOYS: U12 U13 U14 U15 U16 U17 U18

GIRLS: U15 U16 U17 U18

**Trials will be held
in QLD, NSW,
ACT, VIC and SA
30-10-2015
TILL
15-12-2015**

Times and dates for trials are
available at ejfootballint.com
Please book your preferred trial.
Date and time as early as
possible to ensure you do not
miss out as numbers are limited.

if you require further information please contact us on info@ejfootballint.com



BOOK YOUR TRIAL NOW!



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RHEE TAEKWON-DO

The Family Martial Art



This term
**FREE Uniform &
2 FREE Classes!**

Teaching self-confidence through self-defence

BULLI: Wed 6.30 – 7.30 & Fri 6.00 – 7.00

Call Pushkin: 0467 727 134



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Transition to School

Professional Development

FREE!

Supporting children's social/emotional development in their transition to school

Presented by: Tanya Williamson Occupational Therapist and Director of Sensational Kids OT

Come along and hear about:

- Stages of social/emotional development
- What impacts social/emotional development?
- Supporting these areas of development in a child's transition to school
- Tips and tools to assist with the transition process.

Date: Thursday 12 November 2015

Time: 4:00pm - 6:00pm

Location: Training Room, Ground Floor, (next to Green Bean Café) at Big Fat Smile
98 Railway St, Corrimal

Cost: Free! Educators and families welcome.
Places are limited!

RSVP: By Tuesday 10 November 2015

transitiontoschool@bigfatmile.com.au



familiesnsw
supporting families to raise children



www.transitiontoschool.com.au



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Fax 0242 851761

Ph 0242 844396