



Russell Vale Public School Newsletter

"Think Act Speak Well"

Proud Partner in the Woonona Learning Community

"Strength through Collaboration"

Week 11 Term 1

7 April, 2014

Principal's Report

Community of Schools (COS) Science Day

Eight students from Year 5 and 6 enjoyed a practical day of Science last Thursday at Woonona High School.

These COS days are very popular and allow students an insight into particular subjects as well as becoming familiar with the school itself.

The next COS day will be an Engineering Day on May 12.

School Development Day

Staff from Woonona COS will meet at Russell Vale on Monday 28th April, 2014. They will work on the new Maths Curriculum as well as reviewing progress on the teaching of the new English Curriculum implemented this year.

Long Service Leave

Mrs King will be taking long service leave in Term 2. Mrs Christine Hayne will be teaching 1/2K from the start of Term 2

Wanted ...

Colourbond sheets for the roof of the chookhouse or similar materials please. The enclosure is almost complete except for roof and sides.

We are all looking forward to its completion. If you can assist, contact me on 4284 4396.

Problem Solving Maths Expo

Last Wednesday Years 3 – 6 enjoyed an exciting and thought-provoking session on maths problem solving activities. In groups of five, they worked together on a range of problems. Thanks to Mrs Body and Mrs James for organising the event.

There will be no newsletter Week 1 in Term 2. Have a safe and enjoyable break and a Happy Easter with your family.

Mark Grierson
Principal

Congratulations!



BRONZE School Award

Samantha Hallowell.

PD/H/PE MC

Nate Gardiner, Blake Sweeny, Ebony McCrystal, Angel Atkinson.

CREATIVE ARTS

Ollie Goode, Kalani Purdie, Niki Taylor, Taya Nye.

ACADEMIC

Lillian Ritchie, Thomas Joy, Jewel Watson, Colby Barter, Kye MacDonald, Ryan Insley-Hasink, Bailey Leadbitter, Brooke Love, Jarrah Anderson, Tyla Kirby, Crystal Siranovic, Jordan Phelan.

Upcoming Events

April

- | | |
|----------|---|
| Wed 9 | Russell Vale Show items due |
| Thurs 10 | Cross Country 9:15am weather permitting
Russell Vale Show hall open 3 -3.30pm |
| Fri 11 | Year 6 Cake Stall 11am
Show Open Parents Welcome 11 – 12pm
Show Assembly and Awards 12pm
12.20pm Easter Hat Parade |

May

- | | |
|---|-------------|
| 9 | Musica Viva |
|---|-------------|

Notes and Money Due

April
Overdue Musica Viva note & money

Russell Vale Cross Country 2014



NEW DATE: Thursday 10 April
TIME: Approx. 9:15 am

TIME: 9.15 am 12 Years
9.45 am 11 Years YEAR 2
10.15 am 10 Years YEAR 1
10.30 am 8-9 Years KINDY

DISTANCES: 8-9 & 10 Years 2 km
11 -12 Years 3 km
K-2 A modified track

VENUE: Council grounds adjacent to the school.

Ribbons will be awarded to the first three placegetters in each event. House points will be awarded to all participants.

The first six placegetters in 12 Years, 11 Years, 10 Years and 8-9 Years events will be invited to participate in the North Wollongong PSSA Cross Country Carnival on Friday 16 May at Bulli Park.

Everyone is welcome!

Year 6 Fundraiser Easter Egg Raffle



Hurry! Hurry! Last days for raffle tickets! Raffle tickets are still on sale for our annual Easter Egg Raffle.

Year 6 students will be selling tickets under the COLA every morning from 8:45 – 9:00am and again in the afternoons from 2:45 – 3:00pm. Tickets are 50 cents each or 3 for \$1.

Raffle will be drawn on Friday 11th April following our Easter Hat Parade. Best of luck everyone!

Friendly Kids, Friendly Classrooms

Students will be learning about positive behaviours. Please take time to read the information below and discuss it with your child.
Thank You

SPEAKING IN FRONT OF AN AUDIENCE

Taking risks is the way to succeed.

DO'S	DON'TS
Make a plan of what you are going to say and try to keep it to 5 main points.	Don't fidget.
Write the 5 main points on a card or overhead transparency to remind you.	Don't give too much uninteresting detail.
Before you start, take some very deep breaths and say to yourself "This will be okay".	Don't look at the floor or up to the sky.
When you start your talk, smile and stand tall and say what you're going to talk about.	Don't read your notes.
Then ask your audience to do something e.g. <ul style="list-style-type: none">• Look at an overhead transparency• Look at a poster or interesting item you have brought along• Answer a question or fill in a quiz	Don't mumble or speak in a very soft voice.
Now you'll be feeling more relaxed. Give your talk. Use humour if you can.	Don't go very far beyond the time limit.
Speak clearly and in a reasonably loud voice.	Don't be silly and show off.
While you're giving your talk, look in the eyes of several different people.	
Show lots of things for your audience to look at.	
Talk naturally about your topic using your card with the 5 main points as a reminder.	
Keep to the time limit	



Easter Celebrations – Friday 11th April

We would like to invite all parents and friends to come and take part in our Easter celebrations on Friday.

Order of Events:

- Year 6 Cake Stall – From 11:00am, Year 6 will be hosting a cake stall (outside of the hall). Come buy some morning tea, bring a picnic blanket and share a picnic with your child/ren on our oval. Cakes will range in price from 50 cents to \$1. Tea and coffee will also be available for purchase.
- Russell Vale Public School Show - Throughout lunchtime, the hall will be open for parents and children to view all the spectacular entries submitted by students. At 12:00pm, all students K-6 will assemble at the hall for the presentation of the Principal's Choice Awards and other selected certificates. All parents are very welcome to attend.
- Easter Hat Parade - Following the assembly, at approximately 12:20pm, we invite all parents and friends to assemble under the COLA at the front of the school. Students will parade in class groups (Kinder and Year 5/6 Buddies will walk together). We can't wait to see you at the parade!

Stage 2 and 3 Maths Expo

Last Wednesday, all students in years 3-6 participated in our school run maths expo. Students were grouped into varying aged groups (one student from each grade represented) and together they worked at solving some mathematical problems. Much fun was had re-arranging

numbers to create number combinations, and manipulating straws to create shapes. The maths expo also had a mathematical race where teams worked at solving mathematical questions, of varying degrees, and then racing each other to have the most correctly answered in the given time frame.

Congratulations to Lilly H, Aaron M, Amy R, Bailey and Eva M for being the overall winners of our first Maths Expo for 2014. We will be holding maths expos twice a term, with the next event scheduled for Week 5, Term 2. Starting from next term, we will be including 2 maths challenges into every newsletter that you might like to try to work through with your children – we will publish the answers in the following week's newsletter.



Our Winners from First Maths Expo

Mrs L James and Mrs D. Body

Peace Keeper Program

Within the first week of Term 2, students in Year 6 will be having a Peace Keeper Training Day, where they will undertake training on how to help all students within the playground play in a harmonious way together. Peace Keepers will play an invaluable role helping to support teachers on playground duties and will be available to assist in solving conflicts that may arise between students. So keep a look out for our responsible Year 6 Peace Keepers – they will be wearing bright yellow vests and will be available to help all our students at Russell Vale Public School.

Mrs L James



Easter Assembly Thursday 10 April 1.55pm - 3 pm

For our Easter assembly this year we are very lucky to have Quizworks performing a professional puppet show! The children from Kindergarten to Year 6 always enjoy the puppet shows, as do many of us grown-ups.

As usual, students will help run the assembly and others may be part of one or two small items performed. Both Catholic and Protestant scripture students will be attending.

If your child does not normally attend scripture and you would like for them to come along please let their classroom teacher know. Parents are very welcome to come along too.

Kind regards,

Carinya Barkley.
Parent Helper

Canteen News

Many thanks to all our volunteers throughout term 1, without all your borrowed time the canteen would not be anywhere near as successful as it is.

The new menu will be up and running in Term 2. A copy will be attached to the newsletter, and we will also have handouts at the canteen.

The canteen will be closed the first week back at school. If anyone would like to volunteer during Term 2 the roster is on the Canteen board at school or you can contact Astrid Jackson 0434 524 950 or astyjack@hotmail.com

If you have any queries/suggestions for the Canteen contact Karan Cambridge 0437 868 509 or akcambo@yahoo.com.au

Many thanks.

The Canteen Committee

\$3 each). Please assist teachers by providing the exact money on stall day.

Gifts must be handed in before **Tuesday 6 May 2012**.

Gifts should be appropriate (ie. NO breakables, adult magazines, alcohol or used/second hand items). Breakables such as ceramics, candle holders and picture frames often *arrive* broken and are unfit for sale which results in a lack of gifts available on stall day. This fundraising activity is **NOT COMPULSORY** so please make an effort to send in a worthwhile gift. **EVERY** student who participates is entitled to surprise their Mum with something special. Children who are fortunate to select first are always happy with their choice, but those who choose last can feel disappointed with the few remaining gifts. Please follow the above guidelines to ensure all participating children can present their mum with a great gift.

Gift ideas include:

Pen sets, organisers, note books, gardening items, cosmetic bags, picnic items, boxed chocolates & confectionary, scarves, hankies, hand cream, face washers, soaps, hand-towels, tea-towels & throw rugs. As well as bargain outlets, remember to check out stores such as Coles, IGA and Woolworths who also stock up with great gift ideas in the lead up to Mother's Day. Other parents in past years have donated items that support Breast Cancer Research – a wonderful gesture!
Happy shopping in the school holidays!

If you have any enquiries regarding the P & C please Contact: **Kelly Mills, Ph 42851914 P & C Secretary**

WK	Mon 7 April	Tue 8 April	Wed 9 April	Thurs 10 April	Fri 11 April
11	Wayne Regan volunteer	CLOSED	Karan Cambridge volunteer	CLOSED	Bronwyn Horsey volunteer

P&C News

P & C

Our **next P & C Meeting** will be in Term 2 on **Wednesday 14th May at 7 pm**. Meetings are held in the staffroom so come along to find out about the great things happening at our school.

Mothers' Day Stalls – Term 2

Class stalls will be held in the second week of Term 2 just prior to Mothers Day on Sunday May 11th. Each class will be notified of the actual day by their own teacher towards the end of week 1.

Children are invited to bring along a gift suitable for sale to the value of AT LEAST \$5. The gift should be wrapped in CLEAR CELLOPHANE and handed to your child's teacher. The teacher will mark the student's name off on a class list and only those children who bring in a gift will have the opportunity to purchase a gift for \$3 on stall day. More than one gift may be sent in if desired and the corresponding number of gifts may then be purchased (at

Community News

Disclaimer: Russell Vale Public School advertises in this column as a service to parents. Russell Vale Public School does not endorse, sponsor or accept responsibility for the management or organisation of the advertised events or services.

RUSSELL VALE COMMUNITY HALL

Available for Hire

Phone: 42 84 2799 (business hours) or
42 84 3742 (after hours)

The Hall is managed by Russell Vale P & C and a discount is available to all P & C Financial Members

PARKVIEW TENNIS COURT

Available for Hire

\$5 per hour or \$15 half day

Phone: Megan 0420 287 521
or Lara 0403 844 484

Court is managed by Russell Vale Public School P & C
All hire moneys received are used to improve the Court for the benefit of
Russell Vale Public School and the local community

RUSSELL VALE TENNIS COACHING

By David Macquire

At the adjoining Parkview Tennis Court

Bookings available for hourly lessons (\$10)
conducted before or after school.

Phone David's mobile 0422 576 306 or
Email: davidmacquire@hotmail.com

ST GEORGE ILLAWARRA DRAGONS ACTIVE CLINICS

ST GEORGE ILLAWARRA DRAGONS WILL LAUNCH THEIR NEW-LOOK DRAGONS ACTIVE CLINICS FOR THE UPCOMING SCHOOL HOLIDAYS, WITH CLINICS AT BOTH WIN JUBILEE OVAL, KOGARAH AND WIN STADIUM, WOLLONGONG. THIS YEAR PARTICIPATING CHILDREN WILL BE GIVEN THE OPPORTUNITY TO PARTAKE IN SKILLS CLINICS AND HEALTHY LIFESTYLE TALKS, PLUS THE OPPORTUNITY TO BECOME A RED V MEMBER.

THE DRAGONS ARE CONDUCTING TWO CLINICS THIS APRIL; HEAD TO DRAGONS.COM.AU/NEWS FOR MORE INFORMATION.

APRIL 16 – WIN JUBILEE OVAL, KOGARAH
APRIL 28 – WIN STADIUM, WOLLONGONG



Inner Balance Yoga



Yogaclass

WEDNESDAY NIGHT YOGA CLASSES 6:30pm-
7:30pm

@ Russell Vale Community Hall

Location: Cnr Keerong Ave & Channon St

Vinyasa style yoga · Suitable for beginners

\$12 a class or \$50 for a 5 class pass

BYO Mat

Phone Kea: 0421232908

Email: innerbalanceyoga@live.com.au

www.facebook.com/innerbalance



Russell Vale Public School



K-6 Easter Hat Parade 2014

Families and friends are invited to come along to our Easter Celebrations on **Friday, April 11, 2014**. We have an array of activities organised and would love you to come and celebrate with us:

Order of Events:



- Year 6 Cake Stall – From 11:00am, Year 6 will be hosting a cake stall (outside of the hall). Come buy some morning tea, bring a picnic blanket and share a picnic with your child/ren on our oval. Cakes will range in price from 50 cents to \$1. Tea and coffee will also be available for purchase.
- Russell Vale Public School Show - Throughout lunchtime, the hall will be open for parents and children to view all the spectacular entries submitted by students. At 12:00pm, all students K-6 will assemble at the hall for the presentation of the Principal's Choice Awards and other selected certificates. All parents are very welcome to attend.
- Easter Hat Parade - Following the assembly, at approximately 12:20pm, we invite all parents and friends to assemble under the COLA at the front of the school. Students will parade in class groups (Kinder and Year 5/6 Buddies will walk together). We can't wait to see you at the parade!
- Easter Basket Raffle – Year 6 are running an Easter raffle to raise money for the Year 6 Farewell and to assist with the purchasing of their gift to the school. Tickets will be on sale each morning from 8:45am and in the afternoons from 2:50pm under the COLA starting on Monday. Tickets are 50 cents each or 3 for \$1.00. The Easter Egg raffle will be drawn at the conclusion of the Easter Hat Parade. Good luck everyone!

Please Note

- Easter Hats – Students will make their hats at school. For all students in Years 1-6, please send in the hat base and non-perishable materials by Thursday 3rd April (next week), so that students can get organised, busy and ... creative!

We look forward to seeing you at our Easter Celebrations

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HEALTHY BITES CANTEEN MENU

March 2, 2014

SANDWICHES & WRAPS

Cheese	\$1.50
Cheese and Tomato	\$1.80
Ham	\$2.20
Ham and Cheese	\$2.50
Salad Sandwich	\$2.20
(Lettuce, Tomato, Cucumber, Carrot, Beetroot, Cheese)	
Strawberry Jam	\$1.00
Tuna	\$2.20
Vegemite	\$1.00
Extras: Ham	\$0.70
Cheese	\$0.30
Gluten Free Wrap	\$0.70

Extras: Tomato Sauce	\$0.20
BBQ Sauce	\$0.20

DRINKS

Bottled Water 350ml	\$1.00
Juice Popper	\$1.20
Apple / Orange / Apple & Blackcurrant	
Oak Milk 300ml	\$1.20
Chocolate / Strawberry	
Fruit Juice Slushies	\$1.20
Soy Chocolate Milk Popper	\$1.50
Hot Chocolate	\$1.20

SUSHI

Teriyaki Vegetable	\$2.00
Tuna	\$2.00
California Roll	\$2.00

HOT FOOD

Lasagne	\$2.50
Macaroni and Cheese	\$2.50
Potato Skin Shells	\$0.50
Beanie Bun	\$1.50
Spaghetti Jaffle	\$1.00
Schnitzel Sandwich	\$2.80
w. lettuce and mayonnaise	
Toastie	
Cheese	\$1.80
Ham & cheese	\$2.80
Ham, cheese & tomato	\$3.00
Raisin toast 2 slices	\$1.20
Banana Bread 1 slice	\$1.10
Pie	\$2.20
Healthy Sausage Roll (120g)	\$1.80
Chicken Wedges	\$0.70
Fish Cocktails	\$0.70

SNACKS

Cheese Rice Sticks	\$1.00
Snack Pack	\$1.60
w. Sultana box, Carrot Sticks, Cheese & 6 Rice Crackers	
Slinky Apples	\$0.50
Tiny Teddies	\$0.40
Air Popped Popcorn	\$0.20
Milk Drops	\$0.25

COLD SNACKS

Frozen Blackcurrant	\$0.50
Jelly Joys	\$0.20
Frozen Yoghurt	
Mango/Passionfruit/Strawberry	\$1.50

If you can help in the canteen please contact
Astrid Jackson 0434 524 950 or
astyjack@hotmail.com

All orders must be in by 9:00am

Child's Name & Class on bag

Lunch Bags \$0.10