



Russell Vale Public School Newsletter

Think Act Speak Well

Week 5 Term 2

27 May 2013

Principal's Report

Well, our playground is now ready for use and looks magnificent.

Each class had a half hour orientation on Wednesday when they were given explicit safety instructions and information on correct use of the equipment and the physical benefit it can bring. They then had a chance to use the equipment which was enjoyed by all.

On Thursday and Friday the weather did not allow for its use.

It is planned that students will have supervised use of the equipment during the second half of lunch each day which will be supervised by a teacher. This will mean an extra duty for staff, and I appreciate their commitment in this area.

We have also been working on a fixed equipment policy.

The important points include:

- A focus on safety being paramount.
- Teachers and students instructed in the correct use of the equipment.
- Playground is not to be used in wet or overly hot conditions.
- Equipment is not to be used by pre-schoolers as they are not covered by DEC insurance.
- A limit to the number of students at any one time.
- Students use individually and do not attempt to climb over or past others.
- Shoes to be worn at all times.

It is hoped that this wonderful resource will be used happily for many years to come, providing enjoyment as well as improving physical skills and development.

Mark Grierson
Principal

Band Practice

Students who do not have written permission to be taken by another person other than their own family and emergency contacts will not be able to attend band practice. The note must list who is able to take your child, as unfortunately we are not permitted to let your child go without written permission.

Congratulations!



BRONZE School Award

Brianna Roberts, Anastarcia Larnach, Jordan Errington

Academic MC

Elinya Collins, Finn Kiefer, Jarrod Phelan, Isaac Carter, Alicia Flood, Sean Donnelly, Ryan Harlan, Anastarcia Larnach, Jorden Court, Charlotte Basham, Gary Bowen, Owen Thomas, Darcy Rathbone, Adelaide Davis-Soar

Creative Art MC

Samantha Hallowell, Jocelyn Bray, Solomon Little, Aiesha Auieda

PD/H/PE MC

Olivia Robertson, Ella Lakeman

Upcoming Events

May

Thu 30 Meal Deal

June

Wed 12 P & C Meeting 7 pm
Wed 19 Choir practice

Notes and Money Due

May

Mon 27 Meal Deal \$5.00



Friendly Kids, Friendly Classrooms

Students have been learning about positive tracking. Please take time to read the information below and discuss it with your child.

Thank You –

SUGGESTING AND PERSUADING (INSTEAD OF BOSSING)

Don't be a "bossy boots".
Use good ideas and good reasons instead.

<p>Do's</p> <p>Make a suggestion in a polite, tentative voice (which sounds like you are asking a question).</p> <p>Make your suggestion in one of the following ways:</p> <ul style="list-style-type: none">- Why don't we ...- Let's...- Perhaps we could ...- Let's try ...- How about ...- Maybe we could ...- What if we ...- Why don't we ...- We could ... <p>Give good reasons for why it is a good idea.</p> <p>If others don't like your idea, try to persuade them by using a friendly voice and giving more good reasons, or think of a better idea</p> <p>Bossy Boots</p> 	<p>Don'ts</p> <p>Don't be bossy.</p> <p>Don't order people about.</p> <p>Don't criticise others.</p> <p>Don't get angry if others don't like your idea.</p> <p>Not like that</p> 
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Canteen News

Don't forget your order for the Red Nose Day Meal Deal. All orders must be in before **MONDAY 27TH**. No late orders will be accepted.

We are still looking for volunteers to help with the meal deal and the rest of the roster. The dates are below. If you can help out please let Tamara Johnson or Kelly Mills know.

Thursday 30th May – MEAL DEAL – 4 Volunteers

Friday 7th June – 1 Volunteer

Wednesday 12th June – 1 Volunteer

Thursday 13th June – 2 Volunteers

Tuesday 18th June – 1 Volunteer

Thursday 20th June – 1 Volunteer

Friday 21st June – 2 Volunteers

Wednesday 26th June – 1 Volunteer

Friday 28th June – MEAL DEAL - 5 Volunteers Needed

I will be resigning as canteen secretary at the end of the term and our roster co-ordinator has also had to stand down from her position due to family reasons, so if any parents/careers are interested please contact Tamara Johnson.

We are always after new and friendly faces to help out in the canteen. Any new parent or friend wishing to volunteer in any way, please contact Tamara Johnson on 0412 173 192 or tamarajohnson@live.com.au

[Many](#) thanks, from the Canteen Committee

Canteen Roster

Mon	27 May	Janine Johnson, Karen Bell
Tue	28 May	Sharon Rigby, Mel Boon
Wed	29 May	Karan Cambridge, Simone Cook
Thur	30 May	Meal Deal – Kelly Mills, Debbie Phippen 4 MORE VOLUNTEERS NEEDED
Fri	31 May	Kim Barker, Larissa Barter
Mon	3 Jun	Lynette Hando, Lynne Holmes
Tues	4 Jun	Donna McCrystal, Val Thurston
Wed	5 Jun	Karan Cambridge, Sharon Rigby
Thur	6 Jun	Julie Hardy, Vanessa Bowler
Fri	7 Jun	Steve Joy & VOLUNTEER NEEDED

P&C News

P & C Meeting

The next P & C meeting to put in your diary will take place on **Wednesday 12 June at 7 pm** in the staffroom. All welcome. Tea and coffee provided.

Playground

It's great to see the playground finished and the students now enjoying this wonderful resource in our school grounds. The wonderful work of the P & C, staff, parents and students within our school community has enabled the purchase of this equipment.

Canteen

Our school canteen is managed by a canteen committee of parent volunteers, who are in desperate need of new faces to join them. In 2012 the canteen contributed to our fundraising efforts with an amount of over \$8,000 which has gone towards the playground and other school resources.

The Canteen Secretary - Tamara Johnson and Roster Person - Paula Paulo, are no longer able to fill these roles due to other personal commitments.

If you have some time each week to fill these roles please see Tamara Johnson or Kelly Mills to find out more about what is involved.

If you have any enquiries regarding the P & C please contact Kelly Mills, Ph 42851914 P & C Secretary

Community News

Disclaimer: Russell Vale Public School advertises in this column as a service to parents. Russell Vale Public School does not endorse, sponsor or accept responsibility for the management or organisation of the advertised events or services.

RUSSELL VALE TENNIS COACHING

By David Macquire

At the adjoining Parkview Tennis Court

**Bookings available for hourly lessons (\$10)
conducted before or after school.**

Phone David's mobile 0422 576 306 or

Email: davidmacquire@hotmail.com

RUSSELL VALE COMMUNITY HALL

Available for Hire

Phone: **42 84 2799** (business hours) or
42 84 3742 (after hours)

The Hall is managed by Russell Vale P & C and a discount is available to all P & C Financial Members

PARKVIEW TENNIS COURT

Available for Hire

\$5 per hour or \$15 half day

Phone: Megan 0420 287 521

Court is managed by Russell Vale P & C

All hire moneys received are used to improve the Court for the benefit of our school and the local community.

This year do something different...



do RHEE TAEKWONDO!

Self Defence, Fitness & Fun
for all ages and levels

Classes: Bulli SLSC
Wed 6.30-7.30pm
Fri 6.00-7.00pm

Contact: Pushkin Rahman
0467727134
42847853

**1st week & uniform
FREE
this month only**



Southern NSW Backyard League Centre

Are you aged between 4 and 6 years old
and keen to play some rugby league?

The NRL have launched "Backyard League" centres in a number of selected Junior Clubs.

The goal of the Backyard League Centres is to establish a program for children aged 4 to 6 years olds where they can experience and play a form of Rugby League.

To register, go to:

www.southernnswdevelopment.sportingpulse.net

Venue: Woonona Bulli Bushrangers Junior RL Club
Hollymount Park, Woonona

Cost: \$15

Dates: Thurs 30th May

Thurs 6th, 13th, 20th & 27th June

Time: 4pm to 5pm

This program includes 5 sessions of league skills and mini football.

A football, drink bottle, NRL trading cards and posters. Please call Pamela Goodridge on 0411159390 for any further information





Russell Vale Public School Premiers Sporting Challenge

Dear Parents/Carers

Our school has registered to participate in the **2013 NSW Premier's Primary School Sport Challenge**.

The purpose of the Challenge is to encourage students to participate in sport, games and physical activity and to have *more students, more active, more often!*

Over a ten week period Monday 20th May to Friday 28th June and then Monday 15th July to Friday 9th August, our school will be monitoring physical activity we do during class time, at recess and lunch as well as during sport. What we do outside school hours will also count towards the Challenge award for our school.

Each student will be issued with a Challenge log book to record their physical activity.

Your support in encouraging your child to be physically active before and after school as well as on weekends will encourage him/her to develop healthy lifestyle habits. You may like to join us in this venture by organising family activities such as walking, swimming and cycling.

Each student completing the Challenge will receive a personalised certificate from the Premier of New South Wales.

Physical activity is valued for its physical, social and emotional benefits. It also helps young people to develop communication skills, confidence and resilience while having fun with family and friends.

If you would like to discuss any aspect of the Challenge or make suggestions, please contact Mrs Body who will be pleased to talk further with you. For more information on the *NSW Premier's Sporting Challenge* please visit www.schools.nsw.edu.au/psc

I know our students are really looking forward to participating in the Challenge and having fun along the way!

Yours sincerely

Mrs D Body

May 2013