



# Russell Vale Public School Newsletter

*Think Act Speak Well*

**Week 9 Term 1**

**25 March 2013**

## Principal's Report

### **Harmony Day**

Our school celebrated Harmony Day last Friday with a mix of activities – teachers rotating through activities relating to tolerance, respect and collaboration and then a teacher-student soccer game was held at the end of the day.

My thanks to Mrs James for organising the day and to all the staff and students who enjoyed participating in the experience.

### **Easter Hat Parade**

We look forward to this years' parade commencing at 12:15 on Thursday. All parents and friends welcome.

### **Happy Easter**

I hope all students and their families have a happy and peaceful Easter and if going away, enjoy your time and travel safely.



It is important for parents to make attending school a priority.

Allowing children days off for birthdays, to look after younger children, to go shopping, to keep you company or because they were tired from a late night, not only sends the wrong message to your child, it is also against the law.

Children who get used to having days off school for these kinds of reasons develop an attitude that their attendance at school is not very important. This can become a big issue as a child gets older.

Teach your children that being on time is important. Children that are often late to school miss the part of the school day when the teacher explains new activities. The beginning of the day is also when many students are freshest and can concentrate better.

Students that are late on a regular basis may become the target for comment by other students and often as a result isolate themselves from their peers.



Missing school leaves gaps in your education

## **Celebrate Attendance**

Hints and Tips No 1: Responsibilities



Parent/s or caregivers are required – by law – to provide a written or verbal explanation to the Principal within seven days of any absence as to why their child was not at school.

It is important that the school receives a written or verbal explanation because:

- (1) It is a parent's legal obligation to explain their child's absence within seven days
- (2) It is a requirement that the school investigate all unexplained absences
- (3) It avoids the school and the School Attendance Officer from making unnecessary investigations
- (4) It is the way the school knows that your child was legitimately absent and not truanting from school

If you have any difficulties in providing a written explanation for your child's absence, please contact your school principal.



Missing school leaves gaps in your education

Mark Grierson  
Principal

## ***Congratulations!***

### **BRONZE School Award**

Jarrold Phelan, Sienna Broers, Ava Sutton, Evie Feld, Jessie Burton, Lily Hastie, Caitlin Joy, Zali Dunn, Mark Harrison, Chase Davy, Kyra Owens, Ben Luyten, Fletcher Bowler

### **Academic MC**

Jet Tane, Jack Deale, Jackson Gervase, Mark Harrison, Nyasha Khan, Amelia Spence, Tom Feld, Kate Luyten, Justin Markham, Olivia Vale, Caitlin Richardson, Blake Weston, Ginger Little, Emma Hastie, Ethan Johnson

### **Creative Art MC**

Brooke Love, Bradley Lawson, Thomas Robertson

**There will not be a newsletter next week due to the Easter Break**

**Upcoming Events**

**March**

Thursday 28 Yr 6 Cake Stall, tea & coffee 11am  
Easter Hat Parade 12.15 promptly  
Combined Easter Scripture 2 – 2.45 pm

**April**

April 5 Week 10 Assembly  
April 5 Cross Country Carnival  
April 10-12 Russell Vale Public School Show

**Notes & Money Due**

ASAP Work Books/Magazines  
ASAP School Contributions  
\$20.00 first two children  
\$10.00 thereafter  
25 March \$50 Year 5 & 6 Camp Deposit

**Sports News!**

Congratulations to Zara Sharman on her performance at Regional Swimming. She won the 11 years backstroke and came a very, very close second in the 11 years freestyle. She will now compete, as part of the South Coast Team, at the State Carnival in Homebush on the 2<sup>nd</sup> and 3<sup>rd</sup> of April. Good Luck Zara!

Congratulations to Harrison Benn on being selected in the South Coast Cricket team.

Congratulations to the following children on their selection in North Wollongong Teams:

Zara Sharman – Soccer  
Harrison Benn – Soccer  
Olivia Smith – Netball  
Bronte Sweeny – Netball  
Aaron Schoupp – Rugby League  
Ryan Sweeney – Rugby League.

**Cross Country**

Our Cross Country carnival will be on Friday 5<sup>th</sup> April, (next week) after our whole school assembly - approximately 10:15am. The Cross Country event is about having a go and having fun. A separate note has been sent home. I hope you can join us. The back-up day for this event is Thursday 11<sup>th</sup> April.

**Knockout and Gala Day Teams**

Stage 3 children have been invited to join a school rugby league team to participate in a Gala Day next term. Children who are interested in being selected in this team should return their notes to Mr Cuthbertson ASAP.

Stage 3 will also be invited to be part of a Russell Vale Tennis Team and a Russell Vale Soccer Team. Trials for these teams will be held soon.

Di Body

**Friendly Kids, Friendly Classrooms**

Students have been learning about positive tracking. Please take time to read the information below and discuss it with your child.  
Thank You –

**SPEAKING IN FRONT OF AN AUDIENCE**

**Taking risks is the way to succeed**

Do's	Don'ts
Make a plan of what you are going to say and try to keep it to 5 main points.	Don't fidget.
Write the 5 main points on a card or overhead transparency to remind you.	Don't give too much uninteresting detail.
Before you start, take some very deep breaths and say to yourself "This will be okay".	Don't look at the floor or up to the sky.
When you start your talk, smile and stand tall and say what you're going to talk about.	Don't read your notes.
Then ask your audience to do something e.g. <ul style="list-style-type: none"><li>• Look at an overhead transparency</li><li>• Look at a poster or interesting item you have brought along</li><li>• Answer a question or fill in a quiz</li></ul>	Don't mumble or speak in a very soft voice.
Now you'll be feeling more relaxed. Give your talk. Use humour if you can.	Don't go very far beyond the time limit.
Speak clearly and in a reasonably loud voice.	Don't be silly and show off.
While you're giving your talk, look in the eyes of several different people.	
Show lots of things for your audience to look at.	
Talk naturally about your topic using your card with the 5 main points as a reminder.	
Keep to the time limit	



## UNI NSW Tests

Application forms are available from the office for these competitions. It is the largest independent assessment program for schools available in Australia, New Zealand, Asia and the Pacific region.

These tests are for Year 2 to Year 6 students.

Applications and money must be back by 25 March 2013. No late entries can be accepted.

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## Canteen News

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**Canteen CLOSED WEDNESDAY 27<sup>th</sup> March.** We are still asking for any volunteers that might help out with the Easter sausage sizzle - many hands make light work! It will be held before the Parade so we will all get to see the kids in their beautiful hats.

We still have plenty of days to fill for the rest of the term, so if you can spare a morning to help that would be great. We are always after new and friendly faces to help out in the canteen. Any new parent or friend wishing to volunteer in anyway please contact Tamara Johnson on 0412 173 192 or [tamarajohnson@live.com.au](mailto:tamarajohnson@live.com.au) OR Paula Paulo on 0405 064 250 or [paulaandallan@gmail.com](mailto:paulaandallan@gmail.com)

Many thanks, from the Canteen Committee.

### Canteen Roster

Mon	25 Mar	Lynette Hando, Lynne Holmes
Tues	26 Mar	Patsy Ross, Bronwyn Anderson
Wed	27 Mar	<b>CLOSED</b>
Thur	28Mar	Paula Phelan - <b>Helpers Needed Sausage sizzle only</b>
Fri	29 Mar	<b>CLOSED - GOOD FRIDAY</b>
Mon	01 Apr	<b>CLOSED - EASTER MONDAY</b>
Tue	02 Apr	Donna McCrystal, Val Thurston
Wed	03 Apr	Karan Cambridge, Sharon Rigby
Thur	04 Apr	Mel Boon, Sharon Rigby
Fri	05 Apr	-

Many Thanks – Canteen Committee

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## P&C News

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### P & C

Our second P & C meeting for 2013 had only 8 attendees out of over 160 families in the school, and we currently have 38 P & C Members.

We would like to encourage someone from every family at RVPS to come along to a P & C Meeting in 2013, to share your ideas and have some input.

Our meetings are held in the staffroom on the second Wednesday of each month and it's a great way to find out what is happening in our school and enjoy a cuppa.

Our next meeting will be on **Wednesday 10<sup>th</sup> April at 7 pm**. Reminders will be in the newsletter and under the COLA, so mark the date in your diary now.

- The P & C requires as many financial members as possible so it can represent the whole school community. Individual membership is also a legal requirement under the P & C Constitution.
- Annual P & C Membership fee of \$5 covers you for insurance purposes in the event of any accident while volunteering for school based activities (eg Canteen, Sports & Reading Groups).
- P & C Membership entitles you to voting rights at general meetings to decide how fund-raised money should be spent and other important issues concerning the school.
- You may raise any relevant topic for discussion at P & C Meetings by making a brief note in the Agenda Item Book available at the Office (at least 3 days prior to the meeting)

Please complete the payment slip below, enclose with \$5 in an envelope and place it into the P & C Box in the School Office.

A receipt will be returned to the child and class noted on the payment slip. A compulsory insurance premium (\$650) is paid each year by the P & C to cover parent volunteers and all events organized by the P & C. This premium is not paid by the School and your membership fees help to cover this substantial amount each year.

If you have any enquiries regarding the P & C please contact **Kelly Mills, Ph 42851914 P & C Secretary**

**P&C MEMBERSHIP**  
**PARENT NAME / Child's Name / Class - \$5 enclosed**

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*Please return to P&C Letter box located in office foyer*

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## Community News

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Disclaimer: Russell Vale Public School advertises in this column as a service to parents. Russell Vale Public School does not endorse, sponsor or accept responsibility for the management or organisation of the advertised events or services.

### RUSSELL VALE TENNIS COACHING

*By David Macquire*

**At the adjoining Parkview Tennis Court**

**Bookings available for hourly lessons (\$10)  
conducted before or after school.**

**Phone David's mobile 0422 576 306 or  
Email: [davidmacquire@hotmail.com](mailto:davidmacquire@hotmail.com)**

### PARKVIEW TENNIS COURT

Available for Hire

\$5 per hour or \$15 half day

Phone: Megan 0420 287 521

Court is managed by Russell Vale P & C

All hire moneys received are used to improve the Court for the benefit of our school and the local community.

### RUSSELL VALE COMMUNITY HALL

Available for Hire

Phone: **42 84 2799** (business hours) or

42 84 3742 (after hours)

The Hall is managed by Russell Vale P & C and a discount is available to all P & C Financial Members

**KUMON**

### Every child can shine

Kumon's maths and English programmes work to support your child in building confidence while developing a thorough skill-set to foster a love of learning for life. Contact your local Kumon Centre to find out more today.

Visit <http://au.kumonglobal.com>

### COME & TRY RUGBY LEAGUE

Join in & see how much fun you can have playing rugby league!

Any Thursday in March  
4.30pm

@ Hollymount Park  
Princes Highway Woonona

**AGES: 5 to 16 years - boys & girls**

For further details about registration, contact Andrew on 0413 835381 or email [registrar@woononajrlfc.org.au](mailto:registrar@woononajrlfc.org.au)

**\*\*\*UNDER 6'S GET FREE REGO!!\*\*\***

The Bushrangers, your local team @ Hollymount Park a fun place where every child gets a game!

**This year do something different...**



**do RHEE TAEKWONDO!**

Self Defence, Fitness & Fun  
for all ages and levels

Classes: Woonona SLSC  
Wed 6.30-7.30pm  
Fri 6.00-7.00pm

Contact: Pushkin Rahman  
0467727134  
42847853

1<sup>st</sup> week & uniform

**FREE**

this month only



**HAVE A HAPPY AND SAFE  
EASTER**

