



Russell Vale Public School Newsletter

Think Act Speak Well

Week 9 Term 3

10 September 2012

Principal's Report

Russell Vale Rave

I hope all parents enjoyed reading our Class Action insert in last weeks Mercury.

I ran a competition for the paper title and Finlay Smart of 2/3S came up with a number of suggestions but **Rave** was the selected winning banner. Well done Finlay!

Shave For A Cure

Well done to Kieran Fowler, his father and Mr Jones who bravely shaved their heads last Friday.

Raising money for cancer research is an extremely worthwhile fundraiser and to have it led by our School Captain is very pleasing.

Thanks also to Mrs Cleall who performed the head shaving duties.



State Athletics

Congratulations to Alexei Rosser (100m and high jump) and Amy Joy (100m) who have achieved the distinction of being selected for the State Athletics at Homebush.

Thank You

Thank you to Yvonne Wooldridge (Ron, Jack and Gary's Nanna) who donated two lovely tree ferns and around nine birdnest ferns for our back gardens.

The area is starting to look much more appealing, and I am determined to improve our gardens over time.

NSW State Cheerleading

Six students Lillian Joy, Summer Cook, Brinley Smart, Jewel Watson, Hayley Schoupp and Angel Watson competed in this two day event in Sydney. Another great achievement!

Mark Grierson

Principal

Regional Athletics

We were very proud to welcome back our five students who represented us at the Regional Athletics in Canberra:

Amy Joy, Lauren Morgan, Bronson Rostirolla, Caitlin Weston and Alexei Rosser.

Two of our students were successful in their events and will now go further to state Competitions at Home Bush, Amy Joy and Alexei Rosser.

These students will write a short piece about their experience at State and we will publish it when they come back.

Well Done.

Jeanette Cleall

Congratulations!

BRONZE School Award

Alyssa Barkley, Charlotte McIntyre, Ava Sutton, Thomas Feld, Chad Moore, Aaron Mills, Paige Elliott-Racza, Daniel Crimston, Amelia Spence, Samantha Hollowell, Jackson Speechley, Lilli Ritchie, Ben Charlesworth, Jezebel Spence, Angus Cross, Owen Thomas, Brianna Vrtkovski, Lillian Joy, Gemma O'Brien, Samuel Adnum

Academic MC

Joshua Paulo-Smith, Alyssa Barkley, Paige Elliott-Racza, Brianna Roberts, Danielle Roberts, Ron Bowen, Jasmyn Little, Joshua Crimston,

Creative Art MC

Southern Stars Dancers & Choir

PD/H/PE MC

Blake Sweeney, Sage Horsey, Samantha Hollowell, Aaron Mills

Upcoming Events

Sep

Wed 12 P & C Meeting (7pm)
 Fri 14 School Disco (RSL)
 Tues 18 Interrelate evening

Oct

Sat 20 Bunnings BBQ

Notes & Money Due

Aug

Overdue Interrelate money

Sep

Overdue Hip Hop Dance

A Big Southern Stars - Thank You!!!

We would like to express sincere appreciation to SO MANY people who have actively supported the Russell Vale Choir and Dance groups as they prepared for and performed in Southern Stars.

- Mr Grierson who always encourages and supports Creative Arts.
- The whole of the Russell Vale teaching staff as they have willingly tolerated interruptions to the normal running of the school and have stepped into gaps, during practice times, as well as in show week.
- The ladies in the office who have made phone calls, sent faxes, collected notes and money, paid bills, etc and have done it all with a smile.
- The Russell Vale P&C who very generously gave financial support to both the Choir and Dance groups which enabled us to keep the cost for families as low as possible.
- The families of the members of the Choir and Dance groups for ensuring that we looked good and that we turned up at all the venues on time, even when very early in the morning and were picked up punctually, often late at night.
- Last but not least, the children themselves for all their hard work and for doing Russell Vale proud!

Thank you all!

Di Body, Jeannie King & Sue Vorobieff

P.S We would like also to thank the children and their families for our very generous (but unnecessary) gifts.

Photos of the Dance group at the end of newsletter

The Parents Jury

The Parents Jury is a web-based network of parents who are trying to improve the food and physical activity environments for children in Australia. The Parents Jury is currently advocating for junk food free advertising during children's TV programs and confectionery free supermarket checkouts. Members receive regular emails

with links to current articles and are encouraged to add their opinions on issues that can effect families nutrition and activity levels. To find out more go to www.parentsjury.org.au

Friendly Kids, Friendly Classrooms

Students have been learning about positive tracking. Please take time to read the information below and discuss it with your child.

Thank You – G Jones



IGNORING SOMEONE WHO IS GIVING YOU

A HARD TIME

Stay cool.

Smart people know when

To walk away

Do's	Don'ts
Stop looking at them.	Don't look at them.
Try to keep all the expression off your face. Look normal.	Don't smile. Don't argue.
Turn your body away.	Don't insult back.
Do something else or talk to others near you.	Don't get AGGRO.
If the other person keeps annoying you, STAY COOL AND WALK CALMLY AWAY.	Don't try to get them into trouble.
If they follow you and keep giving you a hard time you may consider asking an adult for support, but remember they may try to get revenge if you do, so do this only as a last resort.	
	

Canteen News

CANTEEN COMMITTEE IS LOOKING FOR A PARTICULAR PERSON FOR TERM 4 - CAN YOU...

make an A3 poster size roster, work a table, spreadsheet & email??? If you answered yes...*then you just might be our person!!!*

Our long standing roster coordinator, Kelly Mills, is stepping down from the position and we are looking to find *someone to step up ASAP* (prior to holidays!) so we can have a good overlap where Kelly will work with you to 'learn the ropes' as well as have ample support and assistance from our current and future secretary's Kristy & Tamara in the hand-over and ongoing as you fulfil the role.

We are a bunch of young parents that can't volunteer in the canteen week to week with toddlers at home but have some time to help on the committee and it is a high priority that we get a new roster coordinator. If you are interested or you would like to chat and find out more, please call Kristy (secretary) 0425 326 290 or Kelly (details below).

Our canteen functions on volunteers and with Term Four fast approaching we would appreciate volunteers getting their names down PRIOR to the holidays. Please contact our roster coordinator to get the date/s or day you prefer to help in the canteen. *Remember if we don't fill the roster by Thursday before then we will announce closure in the newsletter for the day/s not covered.*

Canteen Roster as at the 10th September, 2012:

Mon	10 Sep	Kylie Elliott, Heidi Luyten
Tue	11 Sep	Toni Patterson, 1 Helper Required
Wed	12 Sep	Closed
Thu	13 Sep	Tracey Brown, Neville Denham, Natalie Benge (new)
Fri	14 Sep	Kelly Mills, Jannie King
Mon	17 Sep	Kristy Elliott, Karen Linsley
Tue	18 Sep	Nicole Ficker, Patsy Ross
Wed	19 Sep	Closed
Thu	20 Sep	Vanessa Bowler, Julie Hardy
Fri	21 Sep	2 Helpers Required

P&C News

P & C Meeting – This Wednesday

Our next P & C Meeting will take place on **Wednesday 12 September at 7 pm**. Come and learn about the wonderful things happening at Russell Vale School. Coffee and tea is provided and new members are always welcome. Mrs Di Body will be attending the meeting to talk about the 'Gonski Review.' Final preparations will also be made for the School Disco and we will be discussing our next fundraising goal: *Should P & C assist the school to build a new playground within the school grounds?*

Father's Day Stalls

Thank you to all those who supported Father's Day stalls last week which raised \$574.00.

Bunnings BBQ

Our only Bunnings BBQ fundraiser for the year will be on Saturday 20 October. We will need 20 volunteers to work one or two hour shifts throughout the day. More details very shortly. This is a very worthwhile fundraiser.

School Disco– This Friday Night!

Over 185 tickets have been sold! Tickets will be handed out to students during class time later this week. Just a few quick tips and reminders:

1. Wear comfortable shoes as they must be worn at all times (Club rules).
2. Place belongings such as bags and jackets at your class table so you can find them at the end.
3. Rubbish bags will be placed at each class table. Please use them. No food on the dance floor.
4. Glow sticks will not be replaced if they have been damaged by students.
5. Students will not be allowed outside the auditorium unless signed out and accompanied by an adult.
6. Extra glow sticks (50c) will be sold by P & C during the night and packs of chips and drinks will be sold by the RSL within the auditorium.

Tickets are required for entry at the door and all children must be signed in and out by an adult. We hope parents will support the Club by enjoying the facilities while children are at the disco. Looking forward to a great night of fun. Last minute enquiries: Julie Hardy 42 85 4095

P & C Enquiries: Contact Julie Hardy 42 854095

Community News

Disclaimer: Russell Vale Public School advertises in this column as a service to parents. Russell Vale Public School does not endorse, sponsor or accept responsibility for the management or organisation of the advertised events or services.

RUSSELL VALE TENNIS COACHING

By David Macquire

At the adjoining Parkview Tennis Court

Bookings available for hourly lessons (\$10)
conducted before or after school.

Phone David's mobile 0422 576 306 or

Email: davidmacquire@hotmail.com

Looking for something to do
after Soccer season?



Look at Rhee Taekwondo!

**Self Defence, Fitness & Fun
for all ages and levels.**

Classes: Wed 6.30-7.30pm
Fri 6.00-7.00pm

Contact: Pushkin Rahman
0467727134
42847853



First 2 lessons FREE!

RUSSELL VALE COMMUNITY HALL

Available for Hire

Phone: **42 84 2799** (business hours) or
42 84 3742 (after hours)

The Hall is managed by Russell Vale P & C and a
discount is available to all P & C Financial Members

RUSSELL VALE SOUTHERN STARS

