



Russell Vale Public School Newsletter

Think Act Speak Well

Week 4 Term 2

14 May 2012

Principal's Report

School Learning Support Trial

This trial ends this term and then becomes practise statewide.

Prior to the trial our school had a School Learning Support Teacher one day a week. Now we will have 3 ½ days per week for the next three years – a very welcome improvement and one which will assist students with learning difficulties.

Additionally, we will receive more money than before for the employment of School Learning Support Officers (Teachers' Aides) who will assist students with learning difficulties in their classrooms, working hand-in-hand with teachers and students.

This trial has been a great success and many schools have benefitted from additional teacher time and money.

NAPLAN

Parents of students in Year 3 and 5 are requested to send their children well-rested and with a hearty breakfast on Tuesday, Wednesday and Thursday this week.

The NAPLAN tests are lengthy and challenging and require optimum concentration levels.

It is also important to not put too much pressure on your child – asking them to do the best they can would be my best advice for these tests.

Federal Government School Bonus

Although not in parents' pockets yet, I am hopeful all parents will better able to pay the school contribution of \$20 per child (first two children) and \$10 each additional child.

For those parents who have already contributed – many thanks! The money is used to help purchase exercise books and other classroom requisites.

Woonona High School Principal

Members of the P & C and a group of interested parents heard an informative information session last Wednesday evening.

Ms Wall has some strong opinions about where she is leading Woonona High School, and I know those present enjoyed her information session.

Mark Grierson
Principal

Upcoming Events

May

Fri 18 May	Meal Deal day
Wed 23 May (1 st break)	Sausage Sizzle
Tues 29 May	Musica Viva
Wed 13 June (7 pm)	P & C Meeting

Notes and Money Due

May

Tues 15 May	Meal Deal notes and money
Fri 18 May	Musica Viva notes and money (\$7.50)

Congratulations!



BRONZE School Award

Ethan Larnach, Tara Scott, Zali Hawken, Pipah Grubb, Thomas Heaton

Academic MC

Charlotte Basham, Darby Walsh, Ron Bowen, Jackson Addo, Joshua Crimston, Jackson Speechley, Mathew Armour, Luke Sweeney, Jacob Amin, Sienna McClafferty, Jack McCorkell, Jessica George

Creative Art MC

Joshua Paulo-Smith, Evie Feld

PD/H/PE MC

Noah McClafferty, Faith Apps, Zane Pinchbeck, Blake Sweeney, Cameron Benge, Leah Heaton, Luke Crimston, Caitlin Weston, Darcy Rathbone

Friendly Kids, Friendly Classrooms

Students have been learning about positive tracking. Please take time to read the information below and discuss it with your child.

Thank You – G. Jones

DEALING WITH FIGHTS AND ARGUMENTS

Don't let fights create enemies

DO'S

Try to stay calm and talk through the problem using a respectful voice.

If you or the other person are getting angry or out of control say: "We're getting too angry. Let's talk about it later" and walk away.

Make sure you do talk about it later. When you've calmed down, recognize that allowing the bad feelings to continue is not a good thing. You are responsible for dealing with them.

When you feel calm, go and talk to the other person.

Put your point of view and tell about your feelings (e.g. "I felt bad when you didn't include me in the game you organised")

Let them put their point of view. Listen without interrupting until they're finished.

Try to find a way to be friends again.

NEXT DAY



DON'TS

Don't call the other person insulting names.

Don't say blaming things.

Don't try to shame the other person.

Don't hit or kick or use any kind of violence.

Don't be big-headed and assume that you are the only one who is right.



LATER THAT DAY



Canteen News

The Winter Menu is attached. If you didn't get a copy last term, it is full of healthy goodness as well as some treats and warm winter foods.

Meal deal is back on Friday 18 May. Order forms are attached to the newsletter.

Our canteen functions on volunteers. Our aim is to raise funds for our school and children – thank you to everyone who helps to make this one of the school's major fundraisers each year! If you can help fill the roster, please call or email Kelly Mills with your availability to help out. Kelly's contact details are Mob: 0414 851 914 (after 5pm) or email: kellymills5@bigpond.com

Canteen Roster 2012:

DAY	DATE	NAME
Mon	14 May	Wayne Regan, Scott Taylor
Tues	15 May	Nicole Ficker, Patsy Ross
Wed	16 May	CLOSED
Thur	17 May	Susan Joy, Katrina McDonagh
Fri	18 May	Meal Deal Day: Kelly Mills, Wayne Regan, Linda Armstrong, Debbi Pippen, Bronwyn Horsey – 8 PEOPLE NEEDED
Mon	21 May	Kristy Elliott, 1 HELPER NEEDED
Tues	22 May	Megan Spence, Jenny Heaton
Wed	23 May	CLOSED
Thur	24 May	Kelly Mills, Karen Linsley
Fri	25 May	Steve Joy, 1 HELPER NEEDED

Thank You.
Canteen Committee.

P&C News

Next P & C Meeting Mothers' Day Stalls

Thank you staff and to all those families who took part in Mothers' Day stalls. All funds raised will go towards the purchase of new school resources in the coming months.

P & C Meeting

Thank you to all those parents who turned out last week to meet Ms Belinda Wall, Principal of Woonona High School. The evening was very successful, and we take this opportunity to thank Ms Wall for taking the time to visit our school.

The next P & C meeting will take place on **Wednesday 13 June at 7 pm**. Please join us to hear about all the wonderful things happening at Russell Vale School.

Great students great staff! All welcome!

Sausage Sizzle

P & C will be holding a sausage sizzle during first break on Wednesday 23 May. Cost is only \$2 each and more than one may be purchased if desired. Orders are not required, just rock up on the day!

P & C Enquiries: Contact Julie Hardy 42 854095

For Sale

Workbench 2 m long x 70 cm wide, includes drawer and shelves – perfect for workshop (approx. \$30.00)

Woolworths Earn and Learn

As discussed in last week's newsletter, this week your child will receive a chart and for every \$10 you spend, a sticker will be given which can be attached.

When the chart has been completed, it can be returned to a box in the office foyer.

Helper Required

Mrs Body and the three touch football teams need a parent helper to walk with them to and from touch football for the next five weeks (18 May, 25 May, 1 June, 8 June and 15 June).

We will leave school at 12.15 pm and return by 2.30 pm. If you can help, please contact Mrs Body or Mrs Cleall as soon as possible.

Community News

Disclaimer: Russell Vale Public School advertises in this column as a service to parents. Russell Vale Public School does not endorse, sponsor or accept responsibility for the management or organisation of the advertised events or services.

PARKVIEW TENNIS COURT

Available for Hire

\$5 per hour or \$15 half day

Phone: Laura 0414 799 645 or

Megan 0420 287 521

Court is managed by Russell Vale P & C

All hire moneys received are used to improve the Court for the benefit of our school and the local community.

RUSSELL VALE COMMUNITY HALL

Available for Hire

Phone: **42 84 2799** (business hours) or

42 84 3742 (after hours)

The Hall is managed by Russell Vale P & C and a discount is available to all P & C Financial Members



FREE TRIAL
14 – 31 May 2012
More than 4.3 million children in 47 countries are currently studying with Kumon. Register now to join our Free Trial and see for yourself how Kumon can change your child's life!
Visit <http://au.kumonglobal.com>

Kumon Balgownie Education Centre
Rosetta 0434 261 649
Kumon Wollongong West Education Centre
Vimasha 0423 109 013

Smith's Hill High School,
Gipps Street, Wollongong

EXPO NIGHT
Tuesday 29 May, 2012
6.00 pm to 8.30 pm

Year 6 students who sat the entrance test for 2013 admission and their parents are invited to attend our Expo to view our facilities and examples of the work of our students.

RUSSELL VALE TENNIS COACHING

By David Macquire

At the adjoining Parkview Tennis Court

Bookings available for hourly lessons (\$10) conducted before or after school.

Phone David's mobile 0422 576 306 or

Email: davidmacquire@hotmail.com

Pasta Meal Deal

\$5.00

Friday 18th May 2012

Choice of 1x Lasagne or Cheesy Mac

2 slices of Garlic Bread

1x Juice – Apple&Blackcurrant or Orange

Or Bottle of Water 300 ml



**Please cut out each child's order form and send money
to office by 3pm**

Tuesday 15th May 2012

No Late orders will be accepted

Child 1	Child 2	Child 3
Name	Name	Name
Class Class	Class Class	Class
Cheesy Mac <input type="checkbox"/>	Cheesy Mac <input type="checkbox"/>	Cheesy Mac <input type="checkbox"/>
Lasagne <input type="checkbox"/>	Lasagne <input type="checkbox"/>	Lasagne <input type="checkbox"/>
Water <input type="checkbox"/>	Water <input type="checkbox"/>	Water <input type="checkbox"/>
Orange <input type="checkbox"/>	Orange <input type="checkbox"/>	Orange <input type="checkbox"/>
Apple <input type="checkbox"/>	Apple <input type="checkbox"/>	Apple <input type="checkbox"/>

HEALTHY BITES CANTEEN

MENU

Term 2 & 3 Winter Menu

SANDWICHES & WRAPS

It will automatically be a sandwich made with low GI bread unless otherwise stated on order.

Vegemite	\$1.00
Strawberry Jam	\$1.00
Cheese	\$1.50
Cheese and Tomato	\$1.80
Tuna	\$2.20
Ham	\$2.20
Ham and Cheese	\$2.50
Cheese and Pineapple	\$1.80
Chicken	\$2.20
Salad Sandwich	\$2.20
Extras: Salad	.60c
Ham	.70c
Cheese	.30c

HOT FOOD

Cup Of Soup	
– Chicken Noodle	.80c
Vegemite Scrolls	\$1.20
Cheese & Bacon Rolls	\$1.20
Fried Rice	\$2.60
Schnitzel Sandwich	\$2.80
w. lettuce and mayonnaise	
Toastie	
Cheese	\$1.80
Ham & cheese	\$2.80
Ham, cheese & pineapple	\$3.00
Raisin toast 2 slices	\$1.20
Banana Bread 1slice	\$1.00
Potato Pie	\$2.40
Party Meat Pie	.80c
Sausage Roll	\$1.80
Potato Smile	.15c
Chicken Wedges	.70c
Fish Cocktails	.70c
Extras: Tomato Sauce	.20c
BBQ Sauce	.20c

DRINKS

Bottled Water 350ml	\$1.00
Juice Popper	\$1.20
Apple / Orange / Apple & Blackcurrent	
Small Milk 300ml	\$1.20
w. Sippa Straw Choc / Strawberry	

Fruit Juice Slushies **\$1.20**

LOL Drinks **\$1.50**

Raspberry, Mango, Tropical, Blackcurrent

SNACKS

Snack Pack **\$1.60**

w. Sultana box, Carrot Sticks, Cheese & 6 Rice Crackers

Slinky Apples **.50c**

Tiny Teddies **.40c**

Air Popped Popcorn **.20c**

Frozen OJ / Blackcurrent **.50c**

Frozen Yoghurt **\$1.20**

Quelch Ice blocks **.40c**

Jelly Joys **.20c**

Billabong Rainbow or Chocolate **\$1.20**

Chips Honey Soy / Plain **\$1.00**

Yoghurt Lollies **.20c**

Lunch Bag **.10c**

WEEK DAY SPECIALS

Tuesdays Pikelet day 3 pikelets **.50c**

Fridays Jelly cup day **.50c**

Canteen is CLOSED Wednesdays

All orders must be in by 9:00am

Child's Name & Class on bag

*If you can help in the canteen please
contact*

Kelly Mills on 0414 851 914 (after 5pm)

Or email kellymills@bigpond.com