



Russell Vale Public School Newsletter

Think Act Speak Well

Week 3 Term 2

7 May 2012

Principal's Report

Musica Viva

Once again staff and students will participate in Musica Viva this term. The theme will relate to the Baroque period of music. Mrs Vorobieff and Mr Shepherd attended an inservice on this musical program and have since provided training on two occasions to all staff so that this exciting musical program can be taught accurately and well in class.

The Musica Viva will culminate in a performance by the group Music Baroque here at school on 29 May.

Rugby League

Well done to Mr Jones (Coach) and his Senior and Junior Rugby League teams who competed last Thursday in the Rod Wishart Cup at Hollymount Park.

It was great to hear they played as teammates should and congratulated the opposition after each match.

For a number of players it was their first opportunity to represent Russell Vale and they acquitted themselves well. Results were mixed but a great day was had by all players.

Many, many thanks to Megan Spence who washed all the jerseys after the game.

Half Yearly Reports

These will go home to parents on 20 June – not too far away! Staff are currently assessing students and will be commencing writing each student report very soon.

Parent/teacher interviews will be available and encouraged from that date until the end of term.

Woolworths Earn and Learn

We will participate in this program again this year. Over the past two years we have been fortunate to have a lot of parental support, and this has allowed us to earn a great deal of free sports equipment.

This year your child will receive a chart and for every \$10 you spend, a sticker will be given which can be attached and when the page is completed, returned to school.

If you can support this initiative commencing 9 May, it would be greatly appreciated. Any relatives or friends who can collect for us will be also welcomed.

Woonona High School Principal

A reminder that Ms Belinda Wall will speak at Wednesday night's P & C meeting commencing at 7 pm.

If you would like to know more about what Woonona High School has to offer, please consider attending.

Mark Grierson
Principal

Upcoming Events

May

Wed 9 May	P&C Meeting (7.00pm)
Wed 9 May	Stewart House clothing bags collection
Tues 29 May	Musica Viva
Friday 11 May	District Cross Country

Notes and Money Due

May

Fri 11 May	Stewart House Donation envelopes
Fri 18 May	Musica Viva notes and money (\$7.50)
Mon 7 May	District Cross Country notes and money (\$6.50)

Congratulations!



BRONZE School Award

Jacqueline Holliday, Stella Ross, Alexei Rosser, Kaleb Hocking, Thomas Heaton

Academic MC

Jewel Watson, Mia Walsh, Lillian Joy, Kyah Richardson, Justin Markham-Williams, Connor Richardson, Madison McDonald, Clayton Walker,

Creative Art MC

Tyrone McCrystal

PD/H/PE MC

Skye Steele, Fletcher Sutton, Bradley Lawson, Elinya Collins, Joshua Paulo-Smith, Hayley Waller, Kaleb Hocking

Friendly Kids, Friendly Classrooms

Students have been learning about positive tracking. Please take time to read the information below and discuss it with your child.

Thank You – G Jones

. DEALING WITH FIGHTS AND ARGUMENTS **Don't let fights create enemies**

DO'S

Try to stay calm and talk through the problem using a respectful voice.

If you or the other person are getting angry or out of control say: "We're getting too angry. Let's talk about it later" and walk away.

Make sure you do talk about it later. When you've calmed down, recognize that allowing the bad feelings to continue is not a good thing. You are responsible for dealing with them.

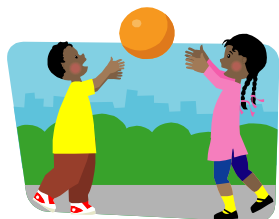
When you feel calm, go and talk to the other person.

Put your point of view and tell about your feelings (e.g. "I felt bad when you didn't include me in the game you organised")

Let them put their point of view. Listen without interrupting until they're finished.

Try to find a way to be friends again.

NEXT DAY



DON'TS

Don't call the other person insulting names.

Don't say blaming things.

Don't try to shame the other person.

Don't hit or kick or use any kind of violence.

Don't be big-headed and assume that you are the only one who is right.



LATER THAT DAY



Canteen News

The Winter Menu is attached. If you didn't get a copy last term, it is full of healthy goodness as well as some treats and warm winter foods.

Meal deal is back on Friday 18 May. Order forms are attached to the newsletter.

Our canteen functions on volunteers. Our aim is to raise funds for our school and children – thank you to everyone who helps to make this one of the school's major fundraisers each year! If you can help fill the roster, please call or email Kelly Mills with your availability to help out. Kelly's contact details are Mob: 0414 851 914 (after 5pm) or email: kellymills5@bigpond.com

Canteen Roster 2012:

DAY	DATE	NAME
Mon	7 May	Lynette Hando, 1 HELPER NEEDED
Tue	8 May	Brooke Smart, Sue Furlong
Wed	9 May	CLOSED
Thur	10 May	2 HELPERS NEEDED
Fri	11 May	Heidi Luyten, Sarah Crimston
Mon	14 May	2 HELPERS NEEDED
Tues	15 May	Nicole Ficker, Patsy Ross
Wed	16 May	CLOSED
Thur	17 May	Susan Joy, Katrina McDonagh
Fri	18 May	Meal Deal Day: Kelly Mills, Wayne Regan, Linda Armstrong, Debbi Pippen, Bronwyn Horsey – 8 PEOPLE NEEDED

Thank You.
Canteen Committee.

P&C News

Mothers' Day Stalls – Term 2

Class stalls will be held towards the end of this week for those children who have donated gifts. Please assist teachers by providing the exact money (\$3.00 per gift) on stall day. We wish all of our Mums a HAPPY MOTHERS' DAY!

Next P & C Meeting

We are thrilled to have Ms. Belinda Wall, Principal of Woonona High School attend our meeting (Wed 9 May) to talk about Woonona High. Invitations to parents and carers of Stage 3 have been handed out. Only six RSVP slips have been returned to the office. If you intend to come, please return your RSVP slip first thing Tuesday

morning. The evening will start at 7 pm sharp. All welcome.

For those parents who wish to stay at the conclusion of Ms. Wall's talk, a quick general meeting will follow (time permitting).

P & C Enquiries: Contact Julie Hardy 42 854095

For Sale

Small yellow chairs x 30 (gold coin donation)

Workbench 2 m long x 70 cm wide, includes drawer and shelves – perfect for workshop (approx. \$30.00)

Community News

Disclaimer: Russell Vale Public School advertises in this column as a service to parents. Russell Vale Public School does not endorse, sponsor or accept responsibility for the management or organisation of the advertised events or services.

PARKVIEW TENNIS COURT

Available for Hire

\$5 per hour or \$15 half day

Phone: Laura 0414 799 645 or

Megan 0420 287 521

Court is managed by Russell Vale P & C

All hire moneys received are used to improve the Court for the benefit of our school and the local community.

RUSSELL VALE COMMUNITY HALL

Available for Hire

Phone: **42 84 2799** (business hours) or
42 84 3742 (after hours)

The Hall is managed by Russell Vale P & C and a discount is available to all P & C Financial Members

RUSSELL VALE TENNIS COACHING

By David Macquire

At the adjoining Parkview Tennis Court

Bookings available for hourly lessons (\$10)
conducted before or after school.

Phone David's mobile 0422 576 306 or

Email: davidmacquire@hotmail.com

Smith's Hill High School,
Gipps Street, Wollongong

EXPO NIGHT

Tuesday 29 May, 2012

6.00 pm to 8.30 pm

Year 6 students who sat the entrance test for 2013 admission and their parents are invited to attend our Expo to view our facilities and examples of the work of our students.



KUMON

FREE TRIAL
14 – 31 May 2012

More than 4.3 million children in 47 countries are currently studying with Kumon. Register now to join our Free Trial and see for yourself how Kumon can change your child's life!

Visit <http://au.kumonglobal.com>

Kumon Balgownie Education Centre

Rosetta 0434 261 649

Kumon Wollongong West Education Centre

Vimasha 0423 109 013

OPERATION ARTWORK

Operation Art is a statewide initiative of the NSW Department of Education and Communities and The Hospital at Westmead. The works selected for the Hospital will tour Regional Art Galleries for 12 framed colour copy of the submitted artwork will be school.



Children's months. A returned to

This year Russell Vale have decided to enter four artworks from our student body.

We congratulate the following students whose work has been chosen, and wish them well in the competition:

Riley Dunn (K/1V); Eden Jones (1RL); Dayna Evans (3/4H); Alexei Rosser (6C).



RUSSELLVALE CROSS COUNTRY RESULTS K - 2

Kindergarten Girls

- 1st Ava Sutton
- 2nd Evie McLaren
- 3rd Leila Maddox

Kindergarten Boys

- 1st Joshua Paulo- Smith
- 2nd Travis Lee
- 3rd Chad Moore

Year 1 Girls

- 1st Samantha Hallowell
- 2nd Amelia Spence
- 3rd Lillian Joy

Year 1 Boys

- 1st Saxon Bell
- 2nd Joshua Mellows
- 3rd Aaron Mills

Year 2 Girls

- 1st Amy Joy
- 2nd Brinley Smart
- 3rd Nikki Taylor

Year 2 Boys

- 1st Bradley Lawson
- 2nd Liam Barkley
- 2nd Jayden Lee

Pasta Meal Deal

\$5.00

Friday 18th May 2012

Choice of 1x Lasagne or Cheesy Mac

2 slices of Garlic Bread

1x Juice – Apple&Blackcurrant or Orange

Or Bottle of Water 300 ml



**Please cut out each child's order form and send money
to office by 3pm**

Tuesday 15th May 2012

No Late orders will be accepted

Child 1	Child 2	Child 3
Name	Name	Name
Class Class	Class Class	Class
Cheesy Mac <input type="checkbox"/>	Cheesy Mac <input type="checkbox"/>	Cheesy Mac <input type="checkbox"/>
Lasagne <input type="checkbox"/>	Lasagne <input type="checkbox"/>	Lasagne <input type="checkbox"/>
Water <input type="checkbox"/>	Water <input type="checkbox"/>	Water <input type="checkbox"/>
Orange <input type="checkbox"/>	Orange <input type="checkbox"/>	Orange <input type="checkbox"/>
Apple <input type="checkbox"/>	Apple <input type="checkbox"/>	Apple <input type="checkbox"/>

HEALTHY BITES CANTEEN

MENU

Term 2 & 3 Winter Menu

SANDWICHES & WRAPS

It will automatically be a sandwich made with low GI bread unless otherwise stated on order.

Vegemite	\$1.00
Strawberry Jam	\$1.00
Cheese	\$1.50
Cheese and Tomato	\$1.80
Tuna	\$2.20
Ham	\$2.20
Ham and Cheese	\$2.50
Cheese and Pineapple	\$1.80
Chicken	\$2.20
Salad Sandwich	\$2.20
Extras: Salad	.60c
Ham	.70c
Cheese	.30c

HOT FOOD

Cup Of Soup	
– Chicken Noodle	.80c
Vegemite Scrolls	\$1.20
Cheese & Bacon Rolls	\$1.20
Fried Rice	\$2.60
Schnitzel Sandwich	\$2.80
w. lettuce and mayonnaise	
Toastie	
Cheese	\$1.80
Ham & cheese	\$2.80
Ham, cheese & pineapple	\$3.00
Raisin toast 2 slices	\$1.20
Banana Bread 1slice	\$1.00
Potato Pie	\$2.40
Party Meat Pie	.80c
Sausage Roll	\$1.80
Potato Smile	.15c
Chicken Wedges	.70c
Fish Cocktails	.70c
Extras: Tomato Sauce	.20c
BBQ Sauce	.20c

DRINKS

Bottled Water 350ml	\$1.00
Juice Popper	\$1.20
Apple / Orange / Apple & Blackcurrant	
Small Milk 300ml	\$1.20
w. Sippa Straw Choc / Strawberry	

Fruit Juice Slushies \$1.20

LOL Drinks \$1.50

Raspberry, Mango, Tropical, Blackcurrant

SNACKS

Snack Pack \$1.60

w. Sultana box, Carrot Sticks, Cheese & 6 Rice Crackers

Slinky Apples .50c

Tiny Teddies .40c

Air Popped Popcorn .20c

Frozen OJ / Blackcurrant .50c

Frozen Yoghurt \$1.20

Quelch Ice blocks .40c

Jelly Joys .20c

Billabong Rainbow or Chocolate \$1.20

Chips Honey Soy / Plain \$1.00

Yoghurt Lollies .20c

Lunch Bag .10c

WEEK DAY SPECIALS

Tuesdays Pikelet day 3 pikelets .50c

Fridays Jelly cup day .50c

Canteen is CLOSED Wednesdays

All orders must be in by 9:00am

Child's Name & Class on bag

*If you can help in the canteen please
contact*

Kelly Mills on 0414 851 914 (after 5pm)

Or email kellymills@bigpond.com

Russell Vale Cross Country Results 2012

CHAMPION HOUSE: PACIFIC

MOST SUPPORTED HOUSE: BROKERS

First 6 will attend District Carnival Friday 11th May

8/9 Year Boys

- 1) Jayden Perry
- 2) Bailey Walker
- 3) Mark Harrison
- 4) Anakin Hughes
- 5) Luke Sweeney
- 6) Thomas Joy
- 7) Mathew Armour
- 8) Jake Smith
- 9) Harrison Wright
- 10) Joshua Crimston

8/9 Year Girls

- 1) Sienna McClafferty
- 2) Dayna Evans
- 3) Rachael Denham
- 4) Olivia Green
- 5) Zali Dunn
- 6) Payton Brown
- 7) Brooke Love
- 8) Ebony Mc Crystal
- 9) Samantha Richardson
- 10) Summer Cook

10 Year Boys

- 1) Thomas Heaton
- 2) Noah McInerney
- 3) Corey Snelson
- 4) Angus Smart
- 5) Josh Burton
- 6) Thomas Holliday
- 7) Ryan Sweeney
- 8) Ben Luyten
- 9) Stuart Logan
- 10) Riley Elliott

10 Year Girls

- 1) Olivia Vale
- 2) Jasmyn Little
- 3) Zara Sharman
- 4) Jessica George
- 5) Lillian Ritchie
- 6) Shanaye Jones
- 7) Chloe Reali
- 8) Angel Watson
- 9) Anastarcia Larncah
- 10) Lauren Morgan

11Year Boys

- 1) Jack Donnelly
- 2) Blair Dunn
- 3) Harrison Benn
- 4) Angus Spence
- 5) Trent Carter
- 6) Jack Bell
- 7) Bronsen Rostirolla
- 8) Jordan Errington
- 9) Darcy Rathbone
- 10) Dean Oldfield

11 Year Girls

- 1) Olivia Smith
- 2) Georgia Green
- 3) Bronte Sweeney
- 4) Kayla Prokopovich
- 5) Finlae Watson
- 6) Kendall Linsley
- 7) Jasmin Owen
- 8) Grace Mellows
- 9) Jezebel Spence
- 10) Ruby Burden- Hill

12/13 Year Boys

- 1) Samuel Adnum- Guthri
- 2) Liam Evans
- 3) Connor Richardson
- 4) Caleb Walker
- 5) Bryson Barker
- 6) Thomas Grace
- 7) Zane Pinchbeck
- 8) Danyon Costanzo
- 9) Tyron McCrystal

12/13 Year Girls

- 1) Hayley Waller
- 2) Zali Hawken
- 3) Madison McDonald
- 4) Stella Ross
- 5) Jacqueline Holliday
- 6) Faith Apps
- 7) Erin Kaynak
- 8) Cindy Pham
- 9) Charlie Cram
- 10) Tara Scott.